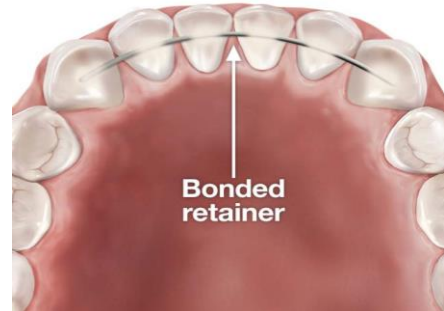


Orthodontic Treatment: Bonded Retainer Care Instructions

A bonded retainer is a wire permanently fixed to the inside surface of your (top and/or bottom) front teeth to hold them in position. It is able to remain in place indefinitely, provided it is maintained with regular visits to Corner 32 Dental and correct home care. The wire can be placed on the upper teeth if your bite allows it.



1. Ensure you gently brush your wire/s each time you brush your teeth.
2. Use either Piksters interdental brushes (Fig A) or iDontix X-Floss (Fig B) to clean around your wire every night.

Fig A



Fig B



How to use Piksters Interdental Brush

Fit the correctly sized interdental brush below the wire, gently moving the brush in and out 3-5 times.



How to use iDontix X-Floss

1. Gently thread the plastic end of the X-Floss through one of the spaces in between your teeth and under the wire. Take hold of the end of floss that is inside your mouth and gently pull it towards the back of your mouth. **DO NOT PULL UP AGAINST THE WIRE!!**



2. The spongy middle section of the floss should pass easily between your teeth and underneath the wire. Carefully move the floss around to remove any build up that maybe caught between the teeth or under the wire.



3. Gently remove the above floss from between your teeth and move onto the next space, repeating the same process.

IMPORTANT If your wire becomes loose or detached from any of your teeth, or you notice movement, call us on 89370585 to make an appointment **AS SOON AS POSSIBLE**.