

Dental Bridge Care Instructions



A dental bridge is a fixed (permanent) prosthesis to fill in the gaps of your missing teeth. It can be attached to existing teeth using crowns on either side of the gap or attached to implants. It can remain in place for many years, provided it is maintained with regular visits to Corner 32 Dental and correct home care.

Follow the below link for video instructions of cleaning.

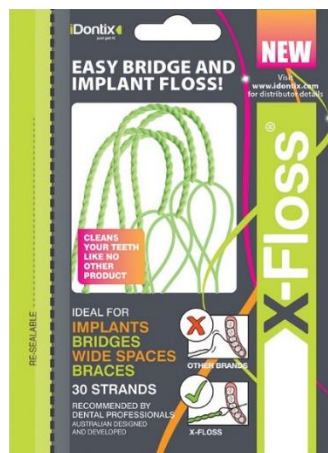
<https://www.youtube.com/watch?v=FJxgVzyMPt4>

1. Ensure you use a soft bristled toothbrush each time you brush your teeth. Hard bristles can be too harsh on your bridge, and you may risk permanent scratches which will leave your restoration with a dull appearance.
2. Use either Piksters interdental brushes (Fig A), iDontix X-Floss (Fig B) or water flosser (Fig C) to clean around your bridge at a minimum every night.

Fig A

Fig B

Fig C



How to use Piksters Interdental Brush

Fit the correctly sized interdental brush below the bridge, gently moving the brush in and out 3-5 times.



How to use iDontix X-Floss

Gently thread the plastic end of the X-Floss through one of the spaces in between your teeth. Take hold of the end of floss that is inside your mouth and gently pull it towards the back of your mouth.



The spongy middle section of the floss should pass easily

between your teeth and underneath the bridge. Carefully move the floss around to remove any build up that maybe caught between the teeth or under the bridge.

How to use water flosser

Aim the nozzle of your water flosser at gum level of bridge and gently pulsate water in gaps and along gum line, repeat on the inside of your mouth as well.



IMPORTANT If your bridge becomes loose or detached from any of your teeth, or you notice movement, call us on 89370585 to make an appointment **AS SOON AS POSSIBLE**.